

**OUR FIRST TRACK PRACTICE IS THURSDAY**

**MARCH 31ST, 6:00PM-7:30PM.**

**ARROWHEAD SOUTH ENDZONE**

**(LET'S MEET UNDER THE SCOREBOARD)**

**PLEASE COME DRESS FOR THE WEATHER.  
ALWAYS BETTER TO OVERDRESS.**

**WE SHARE THE TRACK WITH ST. CHARLES AND MERTON SCHOOLS  
PLEASE REMEMBER WE ARE REPRESENTING SJOA AND THAT  
WE ARE USING ARROWHEADS PROPERTY.**

**IT'S GONNA BE FUN!!!**

**UPDATED!!! 2011 TRACK SCHEDULE**

|                  |                           |
|------------------|---------------------------|
| <b>4/9 -</b>     | <b>UWM INDOOR</b>         |
| <b>4/16 -</b>    | <b>WCSS INDOOR</b>        |
| <b>4/30 -</b>    | <b>ST. LEONARD RELAYS</b> |
| <b>5/6 -7</b>    | <b>ST. DOMINIC</b>        |
| <b>5/13-14 -</b> | <b>HOLY APOSTLES</b>      |
| <b>5/16</b>      | <b>ST. JEROME DUAL</b>    |
| <b>5/18 -</b>    | <b>ARROWEAD INVITE</b>    |
| <b>5/20-21 -</b> | <b>GWTC OUTDOOR</b>       |

